



We undertook a survey with over 1,200 young people who attend Youth Connexions youth work projects.

97%
stated that the youth work project had enabled them to take part in things that help others and make a difference.

94%
said that, as a result of attending the youth work project, they had thought about what they want to do with regards to education, training or employment.

97%
had learnt a lot from attending Youth Connexions youth work projects.

96%
had improved their ability to express themselves, listen to others, and cope with conflict.

97%
were more confident and felt good about themselves, and were not afraid to be individuals.

95%
were able to make more sensible decisions as a result of attending youth work projects.

97%
had a better idea of who to go to for information in order to make informed decisions.

97%
felt more positive about the future, and said that they were more determined to succeed.

99%
felt supported by staff at the Youth Connexions youth work project. Young people stated that they were welcoming and helpful, and interested in what happens to them.

97%
felt safe from discrimination, judgement and stereotyping at youth work projects, and that they were in a safe environment.

- “It has helped a lot to have people to talk to and to know where to go.” Age 17, Cheshunt
- “You have been my lifeline and I will always be grateful to you for all your help and support and for giving me the opportunity of fulfilling my dreams!” Young person, Hoddesdon
- “YCH youth workers treat you with respect and listen to you when you want to talk.” Young person, Borehamwood
- “I learnt that we can always get better at things even if we find it hard at first.” Age 17, Watford
- “This project has taught me lots about myself, empowered me with life skills and I’ve had the chance to meet other amazing people.” Young person, West Hyde
- “I have learned how to work in a team and to take responsibility for my actions.” Age 16, Hemel Hempstead



Youth Connexions provides youth work, information, advice, guidance, work related learning, outdoor education and support for young people.
www.youthconnexions.org

